



All Routes

Distance	Direction	Signposted	Location	Notes
0	Turn RIGHT at exit of Billing Aquadrome - Start			
0.4	Turn RIGHT onto Billing Road		Cogenhoe	
2.2	Turn LEFT onto A428			
5.7	Turn Right	Olney/Green Burial Ground		Caution: Two Cattle Grids along road.
8.5	At roundabout turn RIGHT	Aspreys (small low level street sign on wall on the right)	Olney	
8.9	Mini roundabout STRAIGHT OVER		Olney	
9.4	At roundabout turn RIGHT	unsigned	Olney	Heading towards Weston Underwood
12.9	Turn LEFT on to B526	Newport Pagnall		
13.9	Turn RIGHT	Hanslope/Tathall End		Caution : blind corner making traffic from opposite direction difficult to see.
15.8	Turn LEFT	Castlethorpe/Wolverton		
16.6	Turn LEFT	Castlethorpe/Wolverton		
17.8	Turn LEFT	Little Linford & Havesham	Haversham	Caution : Sign difficult to see. Post is on left as you turn left.
22	Turn right on to B526	Newport Pagnall		
24.3	Turn LEFT	Sherington/Chichley/Bedford		
26	At roundabout take 2ND EXIT on to A422	Chichley Hill roundabout		Caution : Busy roundabout. Foot down.
28	FEEDSTATION			
29	Turn LEFT off the A433	Hardmead/Newton Blossomville		
32.7	Turn RIGHT	Turvey/Bedford	Newton Blossomville	
34.2	Turn RIGHT on to A428	Bedford/Bromham		

34.2	Then IMMEDIATE LEFT	Carlton/Harrold	
34.3	Turn Left onto Carlton Rd		Turvey

53 Mile Route

Distance	Direction	Signposted	Location	Notes
37	Turn LEFT on to Bridgend	Harrold		Caution : STOP sign. Foot down.
41.9	Turn LEFT on to Hinwick Road			
43.7	Turn LEFT on to the B569	Wollaston		
44.7	Turn RIGHT into Bell End (this turns into High Street)	Black Sign (A509)	Wollaston	
45.1	At roundabout go STRAIGHT OVER	Grendon/Gt Doddington		
45.5	Turn LEFT on to Main Road	Grendon		
47.8	Turn RIGHT into Church Way			
47.9	Turn RIGHT into Station Road		Grendon	
52.1	Turn RIGHT on to Billing Road	Cogenhoe Village Sign	Cogenhoe	
52.6	Turn LEFT towards Billing Aquadrome			
53	Turn LEFT in to Billing Aquadrome to finish			

77 mile route

Distance	Direction	Signposted	Location	Notes
37	Turn RIGHT onto Pavenham Road	Pavenham/Stevington	Carlton	Caution: RIGHT Turn. Foot down
38.5	Turn LEFT onto Pavenham Road	Pavenham/Oakley		
41.3	Turn LEFT onto High Street	Clapham A6		
41.5	Turn RIGHT at roundabout	Milton Ernest/Kettering/Sharnbrook/A6	Oakley	
41.7	Join A6 dual carriageway			Caution: Busy road
43	Turn RIGHT onto Thurleigh Road	Thurleigh	Milton Ernest	Caution:RIGHT turn busy road
44.6	Turn RIGHT onto Mill Hill	Thurleigh, Bolnhurst		
48.4	Turn LEFT on to B660	Kimbolton/Keysoe/Bolnhurst B660		

51.4	Turn LEFT on to Riseley Road	Riseley		
54.2	Turn LEFT on to High Street	Bletsoe / Sharnbrook	Riseley	
57	Turn RIGHT on to Thurleigh Road			
57.7	STRAIGHT over roundabout	Odell/Colworth Park/Sharnbrook		Caution: crossing A6 busy road
59.1	Turn LEFT on to Odell Road	Odell/Harrold	Sharnbrook	
59.6	STRAIGHT over roundabout	Unsigned	Sharnbrook	
62.2	Turn RIGHT on to Odell Road	Hinwick		Caution: Right turn foot down
66	Turn LEFT on to Hinwick Road	Wollaston	Hinwick	
67.8	Turn LEFT on to B569	Wollaston		
68.9	Turn RIGHT into Bell End (this turns into High Street)	Black Sign (A509)	Wollaston	
69.2	At roundabout go STRAIGHT OVER	Grendon/Gt Doddington		
69.6	Turn LEFT on to Main Road	Grendon		
71.9	Turn RIGHT into Church Way			
72	Turn RIGHT into Station Road		Grendon	
76.2	Turn RIGHT on to Billing Road	Cogenhoe Village Sign	Cogenhoe	
76.7	Turn LEFT towards Billing Aquadrome			Caution: Right turn on the incline. Limited vision of traffic approaching. Tight turn.
77	Turn LEFT in to Billing Aquadrome to finish			

90 mile route

Distance	Direction	Signposted	Location	Notes
37	Turn RIGHT onto Pavenham Road	Pavenham/Stevington	Carlton	Caution: RIGHT Turn. Foot down
38.5	Turn LEFT onto Pavenham Road	Pavenham/Oakley		
41.3	Turn LEFT onto High Street	Clapham A6		
41.5	Turn RIGHT at roundabout	Milton Ernest/Kettering/Sharnbrook/A6	Oakley	
41.7	Join A6 dual carriageway			Caution: Busy road
43	Turn RIGHT onto Thurleigh Road	Thurleigh	Milton Ernest	Caution: RIGHT turn busy road

44.6	Turn RIGHT onto Mill Hill	Thurleigh, Bolnhurst		
48.4	Turn LEFT on to B660	Kimbolton/Keysoe/Bolnhurst B660		
51.4	Continue straight ahead (medio route splits)			
52.6	Turn RIGHT	Little Staughton	Pertnehall	
55.7	Turn LEFT on to Green Lane		Great Staughton	
58	FEEDSTATION	Oustide Kimbolton School		
61.2	Turn LEFT	Lower/ Upper Dean		
64.3	Turn LEFT	Swineshead/Pertenhall		
65.8	Turn RIGHT	Risley/Bletsoe/Sharnbrook		
70.6	Turn RIGHT on to Thurleigh Road			
71.4	STRAIGHT over roundabout	Odell/Colworth Park/Sharnbrook		Caution: crossing A6 busy road
72.7	Turn LEFT on to Odell Road	Odell/Harrold	Sharnbrook	
73.3	STRAIGHT over roundabout	Unsigned	Sharnbrook	
75.9	Turn RIGHT on to Odell Road	Hinwick		Caution: Right turn foot down
79.7	Turn LEFT on to Hinwick Road	Wollaston	Hinwick	
81.5	Turn LEFT on to B569	Wollaston		
82.5	Turn RIGHT into Bell End (this turns into High Street)	Black Sign (A509)	Wollaston	
82.9	At roundabout go STRAIGHT OVER	Grendon/Gt Doddington		
83.3	Turn LEFT on to Main Road	Grendon		
85.5	Turn RIGHT into Church Way			
85.6	Turn RIGHT into Station Road		Grendon	
89.9	Turn RIGHT on to Billing Road	Cogenhoe Village Sign	Cogenhoe	
90.4	Turn LEFT towards Billing Aquadrome			Caution: Right turn on the incline. Limited vision of traffic approaching. Tight turn.